

Larne Half Marathon 28th March 2009

On a cold and very windy afternoon 11 members of the club braved the elements and completed the course. No winners today but some excellent performances to build on.

Pos	Bib	Name	Club	Cat	Cat Rank	Finish	10,055m	Second
7	170	Bailey, Iain	East Antrim Harriers	MO	(004)	01:13:55	00:35:29	00:38:26
11	216	Crawford, Sam	East Antrim Harriers	M40	(004)	01:16:27	00:37:05	00:39:23
27	290	James, Colin	East Antrim Harriers	MO	(013)	01:19:41	00:39:07	00:40:35
48	588	George Pauley	East Antrim Harriers	M45	(006)	01:24:49	00:40:50	00:43:59
59	537	Andy Liddle	East Antrim Harriers	M35	(009)	01:26:27	00:40:32	00:45:56
74	312	Knox, Drew	East Antrim Harriers	M45	(007)	01:27:57	00:41:10	00:46:47
150	478	Goudy Steven	East Antrim Harriers	M40	(024)	01:35:49	00:45:15	00:50:35
274	740	Ken Beggs	East Antrim Harriers	M50	(013)	01:44:37	00:49:58	00:54:40
329	19	Clark Sylvia	East Antrim Harriers	F40	(006)	01:47:56	00:51:38	00:56:18
468	318	Lindsay, Penny Shields,	East Antrim Harriers	F40	(014)	01:58:08	00:57:11	01:00:57
481	428	Christine	East Antrim Harriers	FO	(043)	01:59:00	00:57:12	01:01:48

Photographs can be viewed by clicking on this link

<http://wkbeggs.jalbum.net/LARNE%20HALF%20MARATHON%202009/>