

## McConnell Shield 7th November 2009

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	24.50	1001	Joe Mc Allister	St. Malachy's	M0
2	25.57	1152	Paul Pollock	Abbey AC	M0
3	26.25	1069	Noel Collins	Omagh Harriers	M0
4	27.12	1133	Niall Robinson	North Down AC	M0
5	27.19	1154	Francis Marsh	North Down AC	M40
6	27.22	1121	Paul Carroll	Annadale Striders	M40
7	27.30	1096	Des Woods	Mourne Runners	M40
8	27.35	1104	Diarmuid Grant	City Of Derry	M0
9	27.42	1122	James Strawbridge	Annadale Striders	M0
10	27.45	1037	Steven Di Weem	UUJ	M0
11	27.47	1000	Aidan Mc Cormack	St. Malachy's	M0
12	27.52	1103	Neil Carty	North Belfast Harriers	M40
13	27.58	1114	Ciaran Kavanagh	Annadale Striders	M40
14	28.03	1156	Philip Goss	North Belfast Harriers	M0
15	28.10	1110	Michael Fitzpatrick	North Belfast Harriers	M35
16	28.10	1157	Matt Wray	Ballymena and Antrim AC	M40
17	28.18	1047	Kieran Hurley	City Of Derry	M0
18	28.23	1135	Brendan Teer	East Down	M0
19	28.31	1146	Mark Weir	North Down AC	M35
20	28.35	1159	Eirin McDaid	Armagh	M0
21	28.40	1139	Justin Maxwell	Larne AC	M0
22	28.41	1003	Eamon Gallagher	St. Malachy's	M0
23	28.43	1002	Canall Magee	St. Malachy's	M0
24	28.48	1160	Simon Seaton	North Down AC	M0
25	28.54	1099	Brian McKee	Dromore AC	M45
26	29.03	1113	Niall O'Neill	Annadale Striders	M0
27	29.12	1150	Jordan Stokes	North Down AC	M0
28	29.20	1165	Craig Hutchinson	Larne AC	M45
29	29.34	1153	Nicklas Arkensparr	North Down AC	M0
30	29.44	1041	Patrick Hamilton	City Of Derry	M0
31	30.01	1116	Kristofer Muldoon	Armagh	M0
32	30.13	1062	Dale Mathers	Newry City runners	M45
33	30.17	1136	Eddie Burns	North Belfast Harriers	M45
34	30.21	1138	John Patience	North Belfast Harriers	M50
35	30.28	1163	Liam Keenan	East Down	M45
36	30.31	1064	Philip Mullan	Springwell	M40
37	30.34	1008	Eddie Bell	Abbey AC	M45
38	30.38	1006	Robert Wilson	Willowfield T Harriers	M50
39	30.42	1007	Karl Dines	Willowfield T Harriers	M45
40	30.45	1056	Dermot Connolly	City Of Derry	M50
41	30.48	1126	Bryan Edgar	Springwell	M45
42	30.51	1093	Paul Cain	Dromore AC	M40
43	30.56	1102	Michael Elliott	Dub Runners	M40
44	31.01	1137	Paul Jenkins	North Belfast Harriers	M35
45	31.19	1077	Thomas Simpson	North Down AC	M0
46	31.30	1125	Vaughan Purnell	Lunchtime Legends	M35
47	31.32	1085	James Hamilton	Newtownabbey Racers	M0
48	31.34	1148	Colin Davidson	East Antrim Harriers	M40
49	31.35	1025	Alan Shaw	Sperrin Harriers	M40
50	31.37	1129	Gary Stitt	Ballymena and Antrim AC	M0

<b><u>Position</u></b>	<b><u>Time</u></b>	<b><u>Race No.</u></b>	<b><u>Name</u></b>	<b><u>Club</u></b>	<b><u>Cat.</u></b>
51	31.38	1083	Tony Wall	North Down AC	M50
52	31.44	1057	Oran McBride	City Of Derry	M40
53	31.51	1089	Eric Montgomery	Lagan Valley Ac	M50
54	32.00	1161	Tony McNulty	Olympian TC	M40
55	32.11	1131	Juan Botella	Willowfield T Harriers	M0
56	32.25	1101	Damian Fearon	Dromore AC	M0
57	32.28	1151	Matthew McMullan	North Down AC	M0
58	32.36	1128	John Wilson	Springwell	M0
59	32.41	1141	Edwin McNally	Unnattached	M50
60	32.43	1149	Aidan Hearst	Albertville Harriers	M45
61	32.45	1130	Laurence Johnston	Unnattached	M50
62	32.47	1120	Rodney Livingstone	Ballymena Runners	M40
63	32.55	1111	Fra McCaffrey	North Belfast Harriers	M50
64	33.09	1086	Jonathan Hooper	Queens	M0
65	33.14	1109	Paul Tilson	Larne AC	M35
66	33.33	1027	Rodney Davidson	Sperrin Harriers	M35
67	33.42	1082	Gerry O'Doherty	Springwell	M50
68	33.49	1145	Stephen Lyons	Dub Runners	M35
69	33.50	1143	Simon Robinson	North Down AC	M35
70	33.52	1147	Oliver McCullagh	City Of Derry	M55
71	33.59	1094	Ernest Hall	Dromore AC	M55
72	33.59	1162	Paul Brown	North Down AC	M45
73	34.15	1115	Ryan Bankhead	Ballymena Runners	M0
74	34.18	1155	Alistair Bratten	Springwell	M45
75	34.52	1142	Ashley Crawford	Sperrin Harriers	M0
76	34.59	1127	Phil Smyth	Ballymena Runners	M0
77	35.03	1144	Brian Grimes	Dub Runners	M45
78	35.04	1166	Doug Smith	Lunchtime Legends	M50
79	35.45	1004	Adam Holland	U/A	M35
80	35.46	1105	Ed Smith	Lunchtime Legends	M55
81	36.09	1100	Colin Scott	Dromore AC	M40
82	36.15	1095	Conor O'Boyle	North Down AC	M0
83	36.24	1084	Brian Spence	Larne AC	M45
84	37.37	1164	Dr Julian Kennedy	Ballymena and Antrim AC	M55
85	39.31	1054	David Allen	Dromore AC	M40
86	40.13	1052	Sammy Daye	Derryboye Harriers	M35
87	40.23	1005	Kevin Mc Auley	Ballycastle Runners	M55
88	42.23	1107	Alex Blackstock	Dub Runners	M55
89	51.54	1140	William Dugan	Unnattached	M0

## Ladies, Lady Vets and Male Vets Over 60

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	17.20	1058	Kerry Harty	Newcastle AC	F0
2	17.25	1038	Kelly McNeice	City of Lisburn AC	F0
3	18.18	1039	Karen Alexander	Sperrin Harriers	F0
4	18.51	1090	Gillian Burns	Dromore AC	F35
5	18.53	1088	Shileen O'Kane	Lunchtime Legends	F40
6	18.54	1079	Stephanie Hambling	North Down	F40
7	18.55	1097	Alwynne Shannon	Mourne Runnera	F45
8	18.56	999	Julie Balmer	North Down	F0
9	19.16	1098	Jim Hayes	Ballydrain Harriers	M60
10	19.19	1071	David Seaton	North Down	M60
11	19.25	1049	Susan Smyth	Beechmount Harriers	F0
12	19.27	1070	Rona Harkens	Laran Valley	F40
13	19.35	1059	Jessica Craig	North Down	F0
14	19.45	1029	Catherine Diver	Unnattached	F0
15	19.46	1080	Jemma Turley	Abbey AC	F0
16	19.47	1028	Rurh Magill	Lagan Valley	F50
17	19.53	1074	Francis Boal	Ballydrain Harriers	M60
18	19.56	1051	Anne Sandford	Newcastle AC	F40
19	20.03	1112	Debbie Matchett	North Down	F40
20	20.17	1076	Roberta Dornan	North Down	F0
21	20.27	1075	Daisy Murray	Newry AC	F0
22	20.29	1081	Gillian Wasson	Springwell	F0
23	20.35	1040	Cheryl Cardwell	Sperrin Harriers	F35
24	20.43	1108	Fred Murdoch	North Down	M65
25	20.52	1078	Nicola Simpson	North Down	F0
26	20.59	1060	Willie Weir	Dromore AC	M60
27	21.01	1063	Gary Nicholl	Lagan Valley AC	M65
28	21.04	1092	Mary Mackin	Dromore AC	F50
29	21.07	1091	Amanda Russell	Dromore AC	F45
30	21.10	1067	Ronnie Rutherford	Ballydrain Harriers	M60
31	21.23	1046	Bridgeen Byrne	City of Derry Spartans	F45
32	21.27	1073	Jill Dowie	North Down	F35
33	21.30	1072	Ange Perrott	North Down	F35
34	21.31	1158	Orlagh McKananagh	St Peters Lurgan	F0
35	21.46	1065	Fred Strickland	Ballydrain Harriers	M60
36	22.22	1066	Joan Melanophy	St Peters Lurgan	F35
37	22.28	1119	Joanne Green	Albertville Harriers	F35
38	22.39	1132	Ricky Cowan	Willowfield T Harriers	M60
39	23.02	1050	Paula McGilloway	City of Derry Spartans	F45
40	23.32	1118	Yvonne Meharg	Albertville Harriers	F0
41	23.34	1045	Roisin Lynch	City of Derry Spartans	F60
42	23.39	1117	Pat O'Driscoll	North Down	M60
43	24.38	1106	Drew Crawford	North Belfast Harriers	M70
44	24.43	1044	Linda Hall	City of Derry Spartans	F40
45	25.10	1087	Brigid Quinn	Ballymena runners	F65
46	26.16	1053	Sharon Reid	Dromore AC	F0
47	26.30	1134	Judith McDevitt	Lagan Valley AC	F0
48	26.38	1123	Amanda Pollock	Lunchtime Legends	F40
49	27.07	1048	Jean McIlwaine	Albertville Harriers	F35

## Boys Under 14

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	5.59	1010	Ben McKeown	Ballymena & Antrim	Boy U14
2	6.08	1015	Luke Dinsmore	Coleraine Inst	Boy U14
3	6.12	1011	Brian Tweedie	Coleraine Inst	Boy U14
4	6.13	1016	Calum Ferguson	Coleraine Inst	Boy U14
5	6.17	1017	Zak Shivers	Coleraine Inst	Boy U14
6	6.25	1024	Stephen Taylor	Cookstown High	Boy U14
7	6.30	1012	Peter McCaughan	Coleraine Inst	Boy U14
8	6.37	1030	Jonathan McKeown	Ballymena Academy	Boy U14
9	6.41	989	Matthew Robson	Ballyclare High School	Boy U14
10	6.45	1026	Jordan Davidson	Cookstown High	Boy U14
11	6.50	1014	James Richardson	Coleraine Inst	Boy U14
12	6.53	988	Stuart Agnew	Ballyclare High School	Boy U14
13	7.08	991	Andrew Downey	Ballyclare High School	Boy U14
14	7.11	1031	Frazer Howe	Ballymena Academy	Boy U14
15	7.30	1032	Ethan Jones	Ballymena Academy	Boy U14
16	8.47	1013	Stuart Reid	Coleraine Inst	Boy U14

## Girls Under 14

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	6.30	1021	Niamh Tweedie	Springwell	Girl U14
2	6.38	985	Anna Lawther	Ballyclare High School	Girl U14
3	6.40	980	Lydia Mills	Ballyclare High School	Girl U14
4	6.40	981	Rebecca Dawson	Ballyclare High School	Girl U14
5	6.43	1009	Becky Topping	Abbey AC	Girl U14
6	6.44	984	Beth Shannon	Ballyclare High School	Girl U14
7	6.52	1061	Lucy Gaitens	St Peters	Girl U14
8	6.53	1036	Sarah Montgomery	Ballymena Academy	Girl U14
9	6.58	1034	Sarah Greer	Ballymena Academy	Girl U14
10	7.16	986	Aimee Russell	Ballyclare High School	Girl U14
11	7.28	1033	Leah Rodden	Ballymena Academy	Girl U14
12	7.29	1035	Zoe Montgomery	Ballymena Academy	Girl U14
13	7.42	982	Rachel Gordon	Ballyclare High School	Girl U14
14	7.43	979	Laura Mc Cowan	Ballyclare High School	Girl U14
15	6.27	983	Amy Patterson	Ballyclare High School	Girl U14

## Boys Under 16

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	11.06	1043	Conor Christie	Springwell	Boy U16
2	11.44	1068	Conor Lee	St Peters AC Lurgan	Boy U16
3	12.06	993	Stewart Gault	Ballyclare High School	Boy U16
4	12.24	1019	Ryan Murray	Coleraine Inst	Boy U16
5	12.30	1018	John Gordon	Coleraine Inst	Boy U16
6	12.37	998	Samuel McCall	Unattached	Boy U16
7	13.32	1023	Ryan Ennis	Springwell	Boy U16
8	14.21	996	Thomas Jamison	Ballyclare High School	Boy U16
9	14.26	997	Ryan Bell	Ballyclare Secondary School	Boy U16
10	14.33	994	Benjamin Close	Ballyclare High School	Boy U16

## Girls Under 16

<u>Position</u>	<u>Time</u>	<u>Race No.</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>
1	13.38	1020	Deborah Gilliland	Springwell	Girl U16
2	14.47	1022	Natalie Costello	Springwell	Girl U16
3	15.38	992	Louise Irvine	Ballyclare High School	Girl U16